

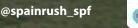
## HIGH PERFORMANCE SOCCER ACADEMY



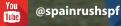


SHORT/LONG TERM PROGRAM 2023/2024

LANGUAGES, SCHOOL, IB HIGH SCHOOL OR SPORT DEGREE











WWW.SPANISHPROFOOTBALL.COM



## ABOUT

We are a soccer-focused sports training company. We design and implement courses with individual training programs for young players. Every player has their own plan to suit their needs as a player and as an individual. The program gives them the opportunity to become professional soccer players.

We also organize and execute individual soccer programs for national teams, professional clubs, soccer academies or schools staying in Spain from 5 days to up to 1 month. We organize for them an immersive soccer experience of the highest level, including training sessions, friendly matches against professional clubs, such as La Liga and training sessions with professional coaches. All this combined with complementary activities for an unforgettable sport experience for everyonel.



SPAIN RUSH-SPF ACADEMY



TRAINING CAMPS · SOCCER STAGE



INTERNATIONAL SPAIN RUSH-SPF CAMPS

### RUSH SOCCER

Formed in 1997, Rush Soccer began in Littleton, Colorado with Colorado Rush. From there it expanded to more states across the U.S. to where it is now...with over 50 clubs across 35 states! Rush is also in over 40 countries across the world, making it truly a worldwide soccer brand.

SPAIN RUSH-SPF desires to give all players an equal opportunity to explore their potential and pursue positive outcomes on and off the field.

YOU are one of over 40.000 youth soccer players globally! We are glad to have you as part of the club and culture of the Rush!



PAIN

3



There are not many cities like Valencia, it is the third city in Spain, located on the Mediterranean coast, with great beaches, one of the largest historical centers in the country, a pleasant climate all year round, sporting and cultural events as well as a great variety of native festivals known worldwide.



exposure that players have to professional team scouts. Thus giving

Spain is a great opportunity to become a Top Player in one of the best League in the World.

In total, Spanish clubs have won 78 international titles, among those we have... 18 European Cups / Champions League, 7 FIFA Club World Cups and 11 UEFA Cups ....

In particular the region to which Valencia belongs, the"Comunidad Valenciana", is next to Cataluña and Madrid, where there are more professional teams concentrated that debut in LaLiga.

In Valencia we have Villarreal CF, Levante UD and Valencia CF, three great clubs, the most competitive in the League.



www.spanishprofootball.com



@spain\_rush\_spf

@spainrush\_spf

# SOCCERACADEMY

@spainrushspf

SPAIN RUSH-SPF

We have a professional soccer UEFA Pro staff of technicians and coaches that work on the design of the programs to ensure that each player has an individual plan that adapts to their skills as a soccer player and their needs. The aim of the programs is to develop and maximize their potential through an intense training routine and total immersion in the Spanish soccer.

SPAIN RUSH-SPF wants to create intelligent players who know how to better read the game, predict and anticipate future game situations and needs.

This mental agility, together with adequate physical, technical, tactical and psychological preparation, creates players who are more confident and therefore better and smarter on the pitch.

This psychology of soccer provides the players the ability to read the game and advance their movements... that is only achieved with experience in competition, it can't be trained. That's why SPAIN RUSH-SPF players train, play and compete as a weekly routine.





# THE ROUTINE

The number of training sessions with Spanish teams will depend on the assigned team, between 3 to 5 per week.

14-18 hours of soccer at week, guaranteeing its individual progress. (Yoga, Gym, ...) and free time to study and rest.

- Scheduled leisure activities
- LaLiga Match in Mestalla -Leva



## WEEKLY

- 3 SPAIN RUSH-SPF Morning trainings
- 3 SPAIN RUSH-SPF Gym sessions
- 1 SPAIN RUSH-SPF Friendly Match VS Club
- 3-5 TRAININGS WITH SPANISH CLUBS (afternoon/evening)
- 1 League Match (\*for players with football license)

## SPF-SCHEDULE 2023-24

	_					200
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
RUSH-SPF	Spanish	RUSH-SPF	Spanish	RUSH-SPF	Leisure	
Training	course	Training	course	Training	Activities	
Gym	-	Gym	-	Gym	(shopping	Rest
Session	School	Session	School	Session	center, city	time
School Time	<b>Time</b> (Depending on the Program)	School Time	<b>Time</b> (Depending on the Program)	School Time		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
School	School	School	School	School	Spanish	Spanish
Time	Time	Time	Time	Time	Club	Club
Training with	RUSH-SPF Game against a	Training with	Training with	Training with	League Match	League Match
a Spanish	Spanish	a Spanish	a Spanish	a Spanish	La liga	La liga
Club	Club	Club	Club	Club	Game	Game
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
&	&	&	&	&	&	&
Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep

# SPRIN RUSI-SPF

SPAIN RUSH-SPF uses a 1 hour 45-minute high-intensity soccer training session on the field to develop and improve your individual technique. Conducted 3 days a week by professional trainers. After analyzing each player individually, exercises focus on their flaws and weaknesses. Other sessions focus on improving group tactics. Players learn to recognize the need of the game and anticipate their position.

**INJURY PREVENTION** is something we try to teach to our players in order to have a career without physical problems in the future. In addition to coaches, there are also specialists dedicated to the physical preparation, diagnosis, prevention and treatment of all illnesses caused by physical activity in athletes. SPAIN RUSH-SPF Academy has a dedicated physical therapist.

RUSH-SPF ACADEMY HAS ITS OWN PHYSIOTHERAPIST AND SPORTS PHSYCHOLOGIST "We guarantee that all players sign for a Spanish Team to train and play on League during the whole season, one of the strongest and most competitive Leagues in the world." \*(over +18)



## SPAIN RUSH-SPF

There are several Spanish affiliated clubs that offer players real chances and ensure individual progress according to their level and age.

Based on initial analysis, players will be given different tryouts in Spanish teams, adjusted for their current soccer level.

The coach assigns Spanish teams during the season to train and play in the league. SPF will take the necessary steps to obtain their soccer license. (+18)

There are 3 to 5 sessions per week in the afternoon or evening, depending on team schedule and one game per week on weekends.

#### FOR PLAYERS WITH SOCCER LICENSE

The Spanish league is different from other leagues. One of the main differences is that LaLiga's professional clubs aren't the only ones eligible to enter their own top categories. In these categories affiliated team will play against Valencia C.F., Club Atlético de Madrid, Villarreal C.F. and Levant U.D.







. . . . . . . . . .

9



#### SPANISH FEMALE L PROFESSION R LIGA PRO **FEMENINA** 1<sup>a</sup> RFEF 2<sup>a</sup> RFEF AMARLY LIGA AUTONÓMICA VALENTA U14 U16 LIGA INFANTIL **1ª REGIONAL VALENTA** JUVENIL CADETE VALENTA VALENTA 2ª REGIONAL VALENTA IER SPANISH SPAIN SP 0 C.D CASTELLÓN **UD ALDAIA MISLATA C.F** UD ALZIRA C.D. -1<sup>ª</sup> RFEF -2º RFEF -2<sup>ª</sup> RFEF "Autonómica Valenta Femenino" 2016 ÷. The Spanish competition is notable for the participation of 22% of teams that are not dependent on a male team. **DISCOBOLO LA** C.D. L'ELIANA **FELIX MONCADA** Sponsorship and television, TORRE A.C with 27% and 21% respectively, "Autonómica "Autonómica represent the main source of "Autonómica Valenta Femenino" Valenta Femenino" income for the clubs. While the Valenta Femenino" average attendance at matches (in 2019) was 749 spectators. In Europe, only the English and Norwegian leagues have teams with bigger budgets than the Primera Iberdrola. Spain, is the fifth largest market for women's soccer. The country **C.F.F MARITIM** C.D. ONDA TABERNES B. C.F ranks fifth in terms of average budget per team at \$628,000, "Autonómica "Autonómica "Autonómica just \$9,000 ahead of France's Valenta Femenino" Valenta Femenino" Valenta Femenino" Division 1 Féminine, according to a Fifa ranking.



# SUPPORT



#### It's easy with SPAIN RUSH-SPF!

Our staff, located in the office, makes sure that the players don't have any kind of problem in their day to day life.



#### Administration -VISA Support From the company we manage all the administrative and legal formalities that the players may have to do



#### Academic Support

All aspects related to the education and formation of players are also managed by the company. All of our programs include a study plan.



000

#### Full medical insurance

Players have medical insurance at private hospital. They are the most modern and advanced health

Other services around Our staff is available for all the players 24h 7 days a week... day, night, weekend... to help them with any unexpected difficulties that may happen.

11



## SPAIN RUSH-SPF BIG TEAM

Our coaches and physical trainers all have extensive experience in Spanish teams and have the UEFA Pro License. In addition in the academy more than 7 languages are spoken so there's no barrier with the players to understand each other.

VISA EDUCATION SOCCER MARKETING DEPT. STAFF DEPT. DEPT. PHYSICAL INTL. **OPERATIONS** LOGISTICS DEPT. THERAPIST DEPT. DEPT.

## TRANSPORT

#### Private transport to carry them to studies centre, to SPF training and games and to Spanish clubs trainings.

Our drivers carry our players to the clubs during the weekdays, to make sure they arrive on time and don't miss any training.





## SPF ACCOMODATION SPORT RESORT





## SPF ACCOMODATION SPORT RESORT





Full board: Breakfast, lunch and dinner. Menus prepared by the staff, following the Mediterranean diet and providing a healthy and balanced diet. The weekly menus give the resident the possibility to choose between several options. Personalized diets (Halal and Vegan option).

- Cleaning, room service and laundry service.
- Staff on duty 24 hours a day.
- Active weekends: Cultural visits, sports and leisure outings are organised. They also have a Football

- Club, Athletics, Running, Hiking and MTB. Sport Centre: 60,000 m² dedicated to sport. Gym, swimmingpool & Garden areas with leisure and entertainment areas for
- students. Dining rooms with access to terraces and gardens.
- Bar / Restaurant
- Leisure room, television, game centre...
- Study room.
- Events room: for conferences, celebrations, sports stages, etc.



## LONG TERM PROGRAM

#### CHOOSE THE EDUCATIONAL PROGRAM THAT BEST SUITS YOU

We combine our intensive soccer program with a language course and sports studies or high school. All the players have a study plan, for us education is as important as soccer, the most important thing. We have private Spanish schools or international schools and the players can continue with their high school or bachelor education.

10 MONTHS FROM AUGUST TO MAY FROM SETP TO JUN

#### THE PRICE INCLUDES RUSH-SPF Soccer Program + Study Program + Sport Resort Accommodation

1	<ul> <li>2 Spanish classes per week (total 10-12 hours) for all levels.</li> <li>Accredited Center by Instituto Cervantes.</li> <li>Official preparation and examination centeer for DELE diploma (Diploma of Spanish as a foreign language) (*exams not included on the price)</li> </ul>					
30.500€	<ul> <li>Highly motivated and qualified native teachers</li> <li>Innovative teaching methodology with digital boards in all the classrooms</li> <li>Extense weekly activities program</li> </ul>					
	SPANISH LANGUAGE COURSE (AIP) https://www.aipidiomas.es/					
2	<ul> <li>2 Spanish classes per week (total 10-12 hours) + ELITE FOOTBALL PERFORMANCE DEVELOPMENT COURSE</li> <li>Future Football Leaders: The Qualification is Level 3 in the UK system.</li> <li>This programme will focus on helping players to improve five key traits that will increase their personal effectiveness to achieve both work and life goals.</li> <li>LEARNING OUTCOMES:         <ol> <li>I.Increased Self-Awareness</li> <li>2.Lifelong Learning Skills</li> <li>3.Improved Decision Making</li> <li>4.Increased Energy Levels</li> <li>5.Leadership Skills</li> </ol> </li> <li>90 hours of online learning supported by 24 hours of 1 to 1 mentoring delivered by PAM Specialised Mentors.</li> <li>Full access to the online PAM Future Football Leaders Level 3 and Social Skills in a Digital World Qualifications Level 2</li> <li>This programme can be included as an optional extra as part of a Rush SPF Tryout or Summer Camp programme delivered in person by PAM Academy founder Russell Grocott</li> </ul>					
33.500€	ELITE FOOTBALL PERFORMANCE DEVELOPMENT + SPANISH COURSE					
3	<ul> <li>2 Spanish classes per week (total 10-12 hours) + UEFA COACHING COURSE:</li> <li>Requirements for the UEFA COACH COURSE:         <ul> <li>16 years old</li> <li>Be in possession of the title of Compulsory Secondary Education (ESO) or higher. For foreign students it is necessary to homologate their studies in Spain.</li> <li>High Spanish Level required (ESO or Certificate Level B1 for foreign students)</li> </ul> </li> </ul>					

Different course levels: UEFA C, UEFA B, UEFA A

#### First level: UEFA C. 250 hours through the dual training system (10 months).

Online & presential classes.

33.500€

Official diploma recognised by UEFA

**UEFA COACH COURSE + SPANISH COURSE** 



## LONG TERM PROGRAM

10 MONTHS FROM AUGUST TO MAY

FROM SETP TO JUN

RUSH SPAIN SPF

CHOOSE THE EDUCATIONAL PROGRAM THAT BEST SUITS YOU

### THE PRICE INCLUDES RUSH-SPF Soccer Program + Study Program + Sport Resort Accommodation

<b>4</b> <b>Total price</b> 35.000€	<ul> <li>Private school located in L'Eliana, 5 min by car from our facilities.</li> <li>All educational stages (Early Childhood, Primary, Secondary and Spanish Baccalaureate).</li> <li>Full curriculum in Spanish, except the English subject.</li> <li>For non-Spanish speaking students:         <ul> <li>Intensive Spanish immersion course divided by level in smalls groups (3-4 months)</li> <li>Progressive incorporation in different subjects (Maths, English, Science) in their educational stage.</li> </ul> </li> <li>Reinforcement and Spanish classes throughout the course.</li> <li>Official Graduates in the different educational stages, which can be homologated in the student's country.</li> </ul>
	SPANISH SCHOOL (HELIOS) https://colegiohelios.com/
5 TOTAL PRICE	<ul> <li>Private school located in La Canyada (Paterna), 10 min by car from our facilities.</li> <li>All educational stages (Early Childhood, Primary, Secondary and International Baccalaureate).</li> <li>Full curriculum in English (required high level of English)</li> <li>Admittance test of English and Maths</li> <li>IGCSE Diploma at the end of the final year of secondary school. (International General Certificate of Secondary Education) (*I.G.C.S.E exams not included on the price)</li> <li>International Baccalaureate (IB Diploma or Certificate). (IB exams</li> </ul>
37.000€	not included on the price) BRITISH SCHOOL (EL PLANTIO ISV) https://plantiointernational.com/
	<ul> <li>Private school located in Monasterios (Puzol), 25 min by car from our facilities.</li> <li>All educational stages according to the American System(Preschool, Elementary School, Middle School and High School).</li> <li>Full curriculum in English (required high level of English)</li> <li>Admittance test of English (reading, writing and speaking)</li> <li>At the end of the High School (Grades 9 through 12), the students can get:</li> </ul>
39.000€	<ol> <li>American High School Diploma</li> <li>Spanish Bachillerato diploma (when meeting specific Spanish curriculum require ments)</li> <li>International Baccalaureate Diploma (if students choose this two-year curricular pathway beginning in Grade 11)</li> </ol>
	<b>AMERICAN SCHOOL</b> (ASV - American School of Valencia-)

https://asvalencia.org/es/



# TRYOUTS PROGRAM



We offer you the possibility of realizing a tryout program with us. The players who choose this program could come to the academy and try our methodology and see with their own eyes how is the life of a SPAIN RUSH-SPF player! Our tryout program is a short version of the long-term program; it includes the same as the long program but with a difference in duration. The main objective of the tryout program is that the new players could enjoy this unique experience by living and playing here in Spain.



The tryout program will be performed in the Sport Resort Mas Camarena, giving you the possibility to try SPAIN RUSH-SPF program and show your skills before the best local soccer clubs.

The TRYOUT program could have a duration of: 2 weeks / 1 month / 2 months / 3 months

Our coaches will examine the level of the new players and they will organize tryouts with different Spanish Local Clubs, where these players will play during their whole stance with SPAIN RUSH-SPF.



# TRYOUTS WITH SPANISH TEAMS S FIN RUSH-SPF

The TRIAL program could have a duration of: 2 week / 1 month / 2 months / 3 months



## WHAT'S INCLUDED

+RUSH-SPF Program

+Spanish Course \*(2 DAYS/WEEK)

+Sport Resort Accommodation

+Trial with Spanish Team.

2 WEEKS

1 MONTH

2 MONTHS

MONTHS







## SUCCESS STORIES



PLAY : Right-Back AGE : 21 years old COUNTRY : EEUU CLUB : Minnesota United (Major League Soccer)

Ex SPF player David Taylor (EEUU) after 2 years playing in U19 1st Division and 3rd Division professional in Spain, he played with North Carolina F.C. Currently he plays as a right-back for Minnesota United of Major League Soccer.

David enrolled in Spain Rush-SPF Valencia for over two years, he completed the soccer player formation program and did a few trials and got accepted, this North American player begin his professional career in Torre Levante FC in Spain, then moved on by joining Minneso-ta FC for four seasons, then sided with North Carolina FC. He stablished himself as a right back position in 2018 and was named defensive player of the year in 2019. He represented the U.S U18 National team, appearing in two matches and scoring a goal at the Copa Chivas Tournament.



PLAY : Left and Right Winger AGE : 21 years old COUNTRY : South Korea CLUB : Gyeongnam FC. (1st Korean Division) STORY :

Ex player Kim (South Korea) after 1 year playing in 1st Division U19 in Spain and 1 year playing in 2nd B Division in Spain too, is currently playing in 1st Division of Korea with Gyeongnam FC. Kim enrolled in Spain Rush-SPF elite Soccer academy for a period of two years, where he upgraded his skills and got some opportunities to play against other clubs and was able to be seen by the right collaborators, he first started playing in second division B with the Spanish club Ecija C.F, opening the doors for his professional career, he now plays for first Korean Division Gyeongnam F.C.



PLAY : Mid Fielder AGE : 24 years old COUNTRY : Japan CLUB : Silla CF (3th Spanish Division) STORY :

SPF player Riki (Japan) plays in Spain in 3th Division Professional with the top team in the category the Silla CF. A player that was already a star in the Meiji University, one of the most prestigious in Japan. After finishing his studies, he decided to come to Spain and join Spain Rush-SPF this is where he got notices by other clubs and eventually did a few tryouts and was soon signed by Buñol FC, where he participated in "La Copa del Rey " tournament. After a couple of seasons he signed with Silla FC and then to Requena FC. Its clear this player will have a promising career in Spain.





ALUMNI

ALUMNI

众



ALUMNI

ALUMNI

ALUMNI



PLAY : Mid Fielder AGE : 19 years old COUNTRY : Israel CLUB : Alboraya U.D U19 STORY :

Ori Cohen, the first player from Israel to join Spain Rush-SPF, it was back in 2019, Ori started with a very promising prospect with great speed, being a good finisher with a great shot. He joined the San Jose Cadete Autonómico U16 1st div, then moved to Torre Levante Liga Nacional 2nd div. With in a period of 3 years with a lot of effort he reached Castellón Div Honor 1st Div U19.



PLAY: Midfielder AGE: 23 years old (25/04/1999) COUNTRY: Banjarnegara, INDONESIA CLUB: Persija Jakart (2022), Johor FC (2021), Sriwijaya FC (2017)

Abi came to Spain in 2013 together with Refa and spent two years with SPF. Currently,He signed with Madura united team in 2019 winning the attention of the Indonesian Team, he is now an Indonesian 1st Div soccer player of the National Team.



PLAY : Defense AGE : 22 years old COUNTRY : India CLUB : FC Mare Nostrum STORY :

Rudra came all the way from India, a central back player with good athletic condition, he enrolled in Spain Rush-SPF academy in our intensive program, he had the opportunity to show his skills playing against teams in U19 division like Le Creu Club Pobla de Farnals FC, Villareal FC, CD Castellón and after only 3 months in the academy he got the chance to try out for Atletico Saguntino and got signed for the team, eventually trying out for FC Mare nostrum were he is currently playing.



PLAY: Right back AGE: 17 years old (04/07/2006) COUNTRY: CALIFORNIA, USA CLUB: COLORADO RUSH

The Rush Soccer player Ava come in 2021 looking the opportunity to develop his skills and experience the Spanish Soccer. On this period she was doing tryouts with professional Soccer clubs as R.C Deportivo La Coruña and Aldaya CF teams to play in 2nd and 3rd Female Soccer leagues. On this 2023-2024 Ava will be long term player in Spain Rush - SPF with the objective to compete on the highest professional soccer league as possible.







# WHAT ARE YOUR PLANS FOR NEXT YEAR?

SPAIN RUSH-SPF

I'ts Summer! young students all around the world prepare for time off from school, a break from all sports, and enjoy some some relaxing free time. However, here at SPAIN RUSH-SPF, we have no off-season.

Players have the intention to grow their born soccer skills into something else, expanding their game into new horizons, while also diving deep into the culture of Valencia, Spain.

Joining forces with all the Rush Soccer staff, located in our headquarters, United States, along with our Global Staff all around the world, Rush is able to connect young men and women with Coach Ruben Estelles Camacho in Spain,that will guide them into the European culture, touring the country and above all else; learning more about the art of soccer while training with top clubs in Spain as a part of the Spain Rush-SPF program.

Did you ever wanted to go play soccer abroad, in a country where soccer is almost a religion?

Contact us and get signed up for this amazing opportunity!











## SPAIN RUSH-SPF

### **DEVELOP YOUR SOCCER SKILLS**

We offer a wide range of educational opportunities for high school students wishing to study in Spain. As well as continuintg their education, they can also play and train through our programs to improve their skills as soccer player.

### SPEND YOUR GAP YEAR WITH US

We would like to present you with a great idea to help you grow as a player and enjoy a gap year with us. You can study in one of the programs at our academy or train and compete with Spanish clubs. This is a great path recommended by some of the most prestigious universities in the world.

### ACTIVE YOUR DREAMS

After completing your undergraduate degree, it's time to pursue your dream of becoming a professional soccer player. We give you the opportunity to come to Spain and play in one of the best leagues in the world. Here you'll catch a glimpse of European Soccer and experience a new, rich culture that will broaden your horizons.

SPAIN SP

2016

## Ask about our Sumer Camp!

Do you want to improve your soccer skills during your summer holidays? Show your true level of play with the help of professional UEFA PRO coaches in a high performance enviroment, while enjoying the mediterranean weather!



R

C/ Democracia 58, Bajo derecha Valencia, España, 46018. Email: info@spainrush.com Web: spanishprofootball.com



You Tube

Social media